



## WCD Connections

Issue #2009-10/4 | December 2009



### *From Western Canada Division*

*Write it on your heart that every day is the best day of the year.  
Wishing you time to enjoy the simple pleasures of this holiday season.*

*Barb Neuman CAP*

*IAAP Western Canada Division President*

*How ever you celebrate, where ever you celebrate, whom ever you celebrate with,  
You are wished a season of joy and beauty and a season filled with family and friends.*

*Dawn Becker CAP*

*IAAP Western Canada Division President Elect*

*May you view this holiday as if looking through the wondrous eyes of a child;  
May the holiday spirit live forever in your heart.*

*Jayne Clark*

*IAAP Western Canada Division Vice President*

*Let the spirit of love gently fill our hearts and homes;  
In this loveliest of seasons may you find many reasons for happiness*

*Yvonne Friesen*

*IAAP Western Canada Division Treasurer*

*Best Wishes for the holiday and for health and happiness throughout the year.*

*Joan Beaudoin*

*IAAP Western Canada Division Secretary*

*Wishing you a Blessed Christmas, a Happy New Year  
and much success in all your endeavours in 2010.*

*Beth Turner*

*IAAP Western Canada Division Past President*

*May the spirit of Christmas be with you throughout the year.  
Wishing you all a Merry Christmas - make this the best yet!"*

*Beulah Sinclair CPS*

*IAAP Western Canada Bylaws and Standing Rules Chair*

*Wishing you a magical season.*

*May all of your wishes be fulfilled, and may the enchantment of Christmas be yours.  
Warmest wishes for a happy holiday season!*

*Terri Peters*

*IAAP Western Canada Division Membership Chair*



**SEASONS GREETINGS TO YOU AND YOURS AND  
BEST WISHES FOR THE NEW YEAR!**



*2009 is coming to an end. For the members of Canada District, it has been a year of challenges and a year of triumphs. It has been a year full of memories: a year of lost loved ones and a year of welcoming new family members. We have experienced job losses and the excitement of new opportunities. Through it all, our families have supported us and our friends have been steadfastly beside us the whole year.*

*A personal thank you to everyone who has supported, encouraged, mentored and shared with me this past year!*

*From Terry and me to you and yours, hope 2010 brings you as much joy and happiness as you deserve!*

*Sharon Battler CPS/CAP  
International Director, Canada District*

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### Canada District Fundraiser for the RTF

Don't forget to purchase your tickets for the Canada District RTF Raffle for a Round Trip Economy Class Ticket to anywhere that WestJet flies within Canada – compliments of **Uniglobe-Donaldson Travel, in Cambridge, ON**. Tickets are \$5.00 each or 3 for \$10.00.

**The draw will take place on Wednesday, April 21, 2010 (APW Day)**. Wouldn't this be a great way to fly into Regina for the CDC Conference? Please see your Chapter President for tickets.

Thank you for supporting the RTF because without you, we could not continue our work supporting the retired members of IAAP. And let me take this opportunity to wish you and yours a wonderful Christmas.

Lina Veglia,  
Your Representative on the International RTF Committee.  
[veglial@cambridge.ca](mailto:veglial@cambridge.ca)



### Where Will You Be in Five Years?

*Provided by the workplace experts at OfficeTeam*

Given the state of the current employment market, most workers are more concerned with keeping their current position than the job they'd like to hold in the future. However, even in tough times, having a career plan and setting long-term goals is important. Your efforts can lead to increased visibility and recognition, new opportunities, and financial rewards once a recovery is fully underway.

However, you must take responsibility for your professional advancement. With companies scaling back on training programs and professional development options, you may receive only minimal support from your employer.

Here are several tips to help you establish a career plan:

- **Put it in writing.** Putting your goals in writing makes them feel more concrete and increases the chance that you'll follow through on them. Having a written record also allows you to make revisions and track your progress more easily.
- **Collaborate with a mentor.** If you are not sure how to lay out or navigate your career path, try consulting a mentor or colleague you admire. Find

out what milestones he or she feels are important to hit in order to achieve the level of success you seek.

- **Do your research.** Keeping up with general business news and technology trends can help guide the objectives you set. Build at least 10 minutes into your daily schedule for tracking developments that may impact your industry or profession.
- **Celebrate your success.** Taking charge of your career development means you are the only one gauging — and acknowledging — your success. Give yourself regular pats on the back and small incentives to keep motivation high.
- **Be a career diplomat.** Knowing how to navigate office politics tactfully and professionally can have a direct impact on your career advancement opportunities. Be careful that while you plot your course to success, you don't get ahead at the expense of others.

Although your company may not have the resources to reward your efforts today, keep in mind that business is slowly springing back. Actions you take to enhance your professional development now can have a direct impact on your success in the near future.

OfficeTeam is the world's leading staffing service specializing in the placement of highly skilled administrative and office support professionals. The company has more than 325 locations worldwide, and offers online job search services at [www.officeteam.com](http://www.officeteam.com).



### Enjoying the Holiday Season by Maureen Tazzioli

As the countdown to the holiday season continues let us review a few things that may make this hectic time a little more enjoyable.

1. **Using laughter to help ease tension** - Sometimes we can become so focused on trying to have everything perfect for everyone else that we end up creating more stress on ourselves than what is truly necessary. So to help ease some tension, let us try to share a little more laughter with those around us. It is not necessary for things to be perfect, but rather to create wonderful, fun-loving memories that can last a life time.
2. **Choosing to be environmentally friendly** - Share your reusable gifts with those you know. For many of us shopping for just the right gift to give someone can become a stressful and costly venture, but if we allow ourselves to really think about those things we have received from others that have meant so much to us, we may be surprised to learn that many of them did not come with conditions, guarantees or

warrantees, but rather they were connected to a heart filled with joy and sincerity. So, this holiday season try to give some of these gifts away to those you know:

- A hug to warm the heart
- A kind word to encourage the soul
- A listening ear to help another feel important
- A gentle smile or tender kiss to show you care, and
- Peaceful moments to last a life time

3. **Appreciating the now** - This holiday season let us try to appreciate the now while being mindful and respectful of the past. Even though many of us may be looking forward to celebrating the holidays with family and friends, it is important for all of us to realize that there may be some of us who will find it difficult to celebrate the holiday season whole heartedly. In such situations it may be better to give away an 'environmentally friendly' gift so that we can all appreciate what we have in each other...in the present...in the now...

May you all know how truly special you are, and how much you are loved and cared for.

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*On behalf of myself, and all of us here at ReZultsMatter we wish you and yours a joyous and peaceful holiday season and may the coming year bring opportunities to see your radiant self shine! Happy Holidays!*

*Blessings,*

*Maureen Tazzioli*